



Nursery News

Our topic is

Treasure

This week we enjoyed looking through our 'Learning Journeys' and talking about what we have learnt. We have had a wonderful year in Nursery and we cannot wait to start Reception!





How can I help my child be ready for Reception?

Building relationships and communicating



Being with others

- ✓ Practising sharing and taking turns with toys
- ✓ Talking to them about **how** they are feeling and **why**
- ✓ Looking at story books together and speaking about what characters are feeling is a good way to do this
- ✓ Beginning to recognise what others are feeling, e.g. understanding if a friend is sad
- ✓ Encouraging them to set boundaries for themselves and others (e.g. knowing how to say 'no')

Communication and language

- ✓ Singing along with songs and nursery rhymes
- ✓ Talking happily to others about activities, experiences and the world around them
- ✓ Showing they need help by speaking clearly (in basic English or sign language)
- ✓ Recognising the pattern of their name (so they can find it on their coat peg or jacket)

Listening and engaging

- ✓ Paying attention for short periods of time
- ✓ Listening to and following simple instructions
- ✓ Carrying on with a task even when it's difficult and bouncing back if things go wrong



Growing independence



Taking care of themselves

- ✓ Putting on/taking off their coat and shoes
- ✓ Using the toilet and washing their hands
- ✓ Getting dressed with little help, e.g. after using the toilet or doing PE
- ✓ Using cutlery (e.g. fork and spoon, chopsticks) and drinking from an open cup
- ✓ Spending time away from you, learning they can be looked after by caring adults

Play, creativity and curiosity

- ✓ Taking part in imaginative play (e.g. role play)
- ✓ Drawing, painting, colouring and sticking
- ✓ Sharing story books, looking at pictures and talking about the characters
- ✓ Exploring the world around them (e.g. looking closely at the natural world, playing safely with objects at home)



Healthy routines



- ✓ Going to bed around the same time each night, waking up in time to get ready for school
- ✓ Limiting screen time to the recommended daily amounts (see advice)
- ✓ Eating a healthy diet and trying new foods
- ✓ Brushing their teeth with fluoride toothpaste twice a day (you'll need to supervise this until they are at least 7)



Physical development

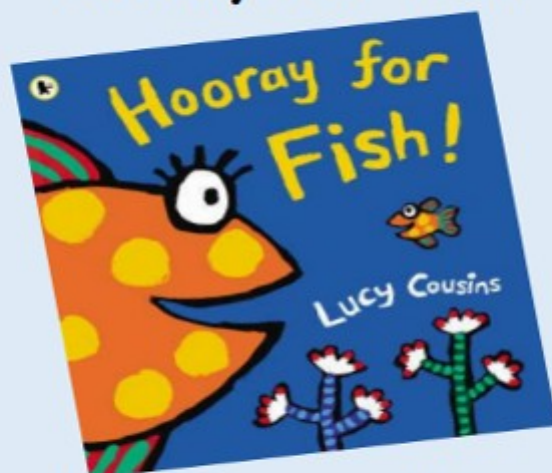


Getting moving for at least three hours a day

- ✓ Walking up and down steps (one foot at a time, using the wall for support)
- ✓ Climbing, running, jumping and playing
- ✓ Catching a large ball (most of the time)
- ✓ Doing simple puzzles and craft activities, strengthening their grip with cutting and sticking



Summer Holiday's Story telling and creative fun with "Hooray For Fish"



A fun arts and crafts resource making session and story telling.

Take your aquarium or fish home with you

Tuesday 21st July

Pancras Sq Library N1C 4AG

10:30am-12noon

Camden Town Library NW1 1BD

1:30pm-3:00pm

LOOK

At the Camden town session on Tues there will be oral hygiene advice.

And on Tuesday and Wednesday there will be Free Toothbrush and Paste Packs Available

Wednesday 22nd July

Queens Crescent Library NW5 4HH

11:00am-12:30pm

Kentish Town Library NW5 2AA

1:30pm-3:00pm



Call Alison on 07876 651950 to book
You must book to join in (due to health & safety rules)