



Dear parents and carers

I hope you have a good May Bank Holiday week-end. Remember that school is closed on Monday. Wishing all our parents and carers who mark the end of Ramadan with food, festivities and Eid greetings, a very happy Eid. I hope you and your families have a lovely celebration together.

See you all on Tuesday.

Best wishes

Liz Hayward

Headteacher



## Healthy Snacks at the end of the school day

Please encourage your children to make healthy choices about what snacks they eat. Of course, everybody likes a treat from time to time. However, we would like you to avoid bringing in sweets, chocolate and cakes for your children at the end of the day.

Our Mini Health Champions will be promoting healthy snacks next week at the end of the day, with some alternatives to snacks full of sugar, chemicals and saturated fats.

**KS2 - Thursday 5th May at 3.00pm**

**EYFS KS1 - Thursday 5th May at 3.30pm**



**HEALTHY SNACKS!**

## The Big Walk and Wheel

A big thank you to all of you for taking part in the Big Walk and Wheel 2022 competition.

**Out of the 2,440 schools participating all over the UK, Kingsgate finished in 194th position with 4,503 active school journeys and 72.32% of children cycling, scooting or walking to school.**

**Well done to the classes with the most active journeys:**

**EYFS/KS1: Nursery on 288 active journeys**

**KS2: Y3 Plane on 226 active journeys**

Even though the competition is over, please continue to encourage your children to make active journeys to school whenever possible.



### **Dates for your diary .....**

Monday 2<sup>nd</sup> May 2022 Bank Holiday SCHOOL CLOSED

Friday 27<sup>th</sup> May Queen's Jubilee - school closed

Half term break Monday 30<sup>th</sup> May—Friday 3<sup>rd</sup> May

End of term Friday 22<sup>nd</sup> July 2022

Monday 5<sup>th</sup> September Children back to school for the start of the autumn term

### **Kingsgate Primary School Parents' and Carers' Coffee Mornings**

**Please join us if you can**

#### **The first session**

**3rd May EYFS/KS1 Social media and children's mental health**

**10th May KS2 Benefit advice workshop**

**17th May EYFS KS1 Managing our own stress and wellbeing**

**24th May EYFS KS1 Asthma awareness**



#### **Social media and children's mental health**

Please try to attend the coffee morning on 3rd May.

Children of all ages used social media and it is very important that adults know how to help children to stay safe.

The coffee morning will be especially helpful if you have an older child.

#### **The day the farm came to school!**

This week the farm visited Nursery and Year 2. The children loved touching and seeing the animals close up.



#### **Learning to be safe**

##### **What Year 6 children said after their Friend v Friendly workshop about gangs:**

"If a stranger acts in a friendly way, that doesn't mean that they are a friend."

"I will never allow anyone to buy something for me in a shop or give me money because a present from a gang member will cost me something much more in the future."

"Gang members talk to children in a persuasive, charismatic ways and try and peer pressure them. They will never say at first that they're in a gang because they are trying to make you trust them."

"Avoid going to the park alone and without an adult."

"If a stranger tries to get your attention and tries to hold a conversation with you when you are on your own on the way to school, or back, go into a shop and straight to security as they will help you."