



23.04.26

Year 1

1. Read your reading book for 10 minutes each night.
2. Practise doubling and halving numbers up to 20.
3. Practise reading and writing the words below and add one more word to each column.
4. If you can, play 'Hit the Button' for 10 minutes each night.

Phonics:

ur	er	ow	ai
purse	feather	clown	tail
burp	better	frown	paid
hurt	ladder	howl	afraid

PSHE Homework:

In PSHE have been learning about some of the things that keep our bodies healthy, such as:

- Doing physical activity
- Eating healthy food
- Having good hygiene (washing hands and cleaning teeth)
- Sleeping and resting



Make a poster showing ways that we can keep our bodies healthy.

Homework due: 28.04.26

