

**MONDAY**








**TUESDAY**

**WEDNESDAY**












**THURSDAY**

**FRIDAY**

**WEEK ONE**

<b>Option One</b>	<b>NEW</b> All-Day Breakfast (V)	Hearty Penne Bolognese 	Glamorgan Sausages, Mash Potatoes & Gravy 	<b>YAMAS!</b> Cheese Whirl with Rice, Tzatziki & Salad (V) or Greek Chicken Pitta with Rice, Tzatziki & Salad		Fishfingers with Chips & Tomato Sauce
<b>Option Two</b>	Cheese & Tomato Pizza slice (V) 	Beef Penne Bolognese 	Chicken Sausages, Mash Potatoes & Gravy	BBQ Quorn with New Potatoes 		
<b>Vegetables</b>	Vegetables of the Day (V)	Vegetables of the Day (V)	Vegetables of the Day (V)	Vegetables of the Day (V)		Vegetables of the Day (V)
<b>Dessert</b>	Yoghurt & Fruit (V)  	Yoghurt & Fruit (V)	Yoghurt & Fruit Salad (V)	Yoghurt & Fruit (V)		Yoghurt & Fruit (V)




**WEEK TWO**


<b>Option One</b>	<b>Pasta Kitchen</b> Pasta in smooth tomato sauce (VE) 	Homemade Lentil & Bean Burger with Potato Wedges & Tomato Sauce 	Quorn Roast, New Potatoes, Stuffing and Gravy 	Lentil & Sweet Potato Curry and Rice  		Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
<b>Option Two</b>	 or Carbonara Pasta with Toppings (V)	Burger with Potato Wedges & Tomato Sauce	Roast Chicken, Stuffing, Roast Potatoes & Gravy	<b>NEW</b> Chicken Fajitas with Rice  		<b>NEW</b> Herby Sausage Roll with Potato Wedges & Tomato Sauce 
<b>Vegetables</b>	Vegetables of the Day (V)	Vegetables of the Day (V)	Vegetables of the Day (V)	Vegetables of the Day (V)		Vegetables of the Day (V)
<b>Dessert</b>	Yoghurt & Fruit (V)	Yoghurt & Fruit (V) 	Fruit Medley & Yoghurt (V)	Yoghurt & Fruit (V) 		Yoghurt & Fruit (V)

**WEEK THREE**

<b>Option One</b>	<b>NEW</b> Vegetable Stack with Rice (V) 	<b>FIESTA ESPANOL</b>		Parsnip and Sweet Potato Loaf, New Potatoes Gravy 	Classic Mac & Cheese (V)	Fishfingers with Chips & Tomato Sauce
<b>Option Two</b>	Five Bean Chili with Rice  	Spanish Spiced Balls with Patatas Bravas 	or Chicken Paella with Patatas Bravas	Roast Chicken with New Potatoes & Gravy	Beef Lasagne with Garlic Bread 	Cheese & Bean Pasty with Potato Wedges (V)
<b>Vegetables</b>	Vegetables of the Day (V)	Vegetables of the Day (V)		Vegetables of the Day (V)	Vegetables of the Day (V)	Vegetables of the Day (V)
<b>Dessert</b>	Yoghurt & Fruit (V)	Yoghurt & Fruit (V)		Yoghurt & Fruit Salad (V)	Yoghurt & Fruit (V) 	Yoghurt & Fruit (V)

**MENU KEY**

-  Added Plant Power
-  Wholemeal
-  Vegan
- (V) Vegetarian

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings ; Beans  , Tuna Mayonnaise, Cheese (V) – Bread freshly baked on site daily Daily salad selection Fresh Fruit

**ALLERGY INFORMATION:**

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.