

Autumn/ Winter  
2023/ 2024

## MONDAY

## TUESDAY







## WEDNESDAY

## THURSDAY

## FRIDAY







### WEEK ONE

30/10/2023  
20/11/2023  
11/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
25/03/2024

Option one	Cheese and Tomato Pizza with Pasta Salad 	A choice of Burger (Beef & Bean or Vegan) in a bun and Potato Wedges 	Veg Wellington, Stuffing, Roast or Mashed & Potatoes	Veggie Bolognese with Garlic Bread 	Fishfingers with Chips & Tomato Sauce
Option two	Vegetable Couscous 		Roast of the Day, Stuffing Roast or Mashed Potatoes & Gravy	Chef's Chicken Korma with Rice 	Five Bean Chilli with Rice or Jacket Potato 
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt










### WEEK TWO

06/11/2023  
27/11/2023  
18/12/2023  
22/01/2024  
19/02/2024  
11/03/2024

Option one	Tomato Pasta 	Lentil and Sweet Potato Curry with Rice 	A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes or Jollof Rice and Salads 	Veggie meatballs in tomato sauce with rice 	Fishfingers with Chips & Tomato Sauce
Option two	Cheesy Swirl with New Potatoes	Chicken tikka masala with Rice 		Spaghetti Bolognese with Garlic Bread 	Chinese Vegetable Noodles
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt

### WEEK THREE

13/11/2023  
04/12/2023  
08/01/2024  
29/01/2024  
26/02/2024  
18/03/2024

Option one	<b>NEW</b> A choice of Tomato or Carbonara Pasta with Toppings 	 Vegetable Fajitas with Rice 	Veggie Sausages, Onions and Gravy with Roasted or Mashed Potatoes 	Vegetable tagine with lemon and parsley couscous 	Fishfingers or Salmon Fishcake with Chips & Tomato Sauce
Option two		 Mexican Beef with Rice 	Roast chicken with roast or Mashed Potatoes	Chicken pie with mashed potato 	Chickpea and Vegetable Hotpot & new potatoes 
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt

### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection