

Spring Menu 2021



Available Daily:
Freshly cooked jacket potatoes with a choice of fillings

Fresh Wholemeal and other flavoured Bread baked on site daily

Fresh salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Monday

Tuesday

Wednesday

Thursday










Friday

WEEK ONE

Option 1	Macaroni Cheese 	Chicken Sausage, Mashed Potatoes and Gravy	Roast Beef with Stuffing & Gravy served with Roast Potatoes Or Plain Pasta	Chicken Tikka Curry with 50/50 Rice  	Fishfingers/ Salmon Fishfingers with Oven Baked Chips Or Couscous
Option 2	Vegetable & Red Kidney Bean Pasta Bake 	Vegetarian Sausages, Mashed Potato and Gravy 	Vegetable Wellington with Stuffing & Gravy served with Roast Potatoes Or Plain Pasta 	Chickpea Curry with 50/50 Rice  	Spanish Omlette with Oven Baked Chips Or Couscous
Vegetables	Sweetcorn Peppers	Cauliflower Florets Cabbage	Swede and Carrot Mash Green Beans	Broccoli Carrots	Baked Beans Peas Baked Tomato
Dessert	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit










Or a choice of Yoghurt & Fresh Fruit available daily

WEEK TWO

Option 1	Sweet & Sour Chicken with Egg Noodles	Mexican Beef Chilli with 50/50 Rice  	Roast Chicken with Gravy served with Roast Potatoes Or Plain Pasta	Turkey & Chickpea Aloo Chaat with 50/50 Rice  	Fish in Batter with Oven Baked Chips Or Sweet Potato Mash
Option 2	Quorn Chow Mein with Egg Noodles	5 Bean Chilli with 50/50 Rice  	Chickpea & Vegetable Loaf with Gravy served with Roast Potatoes Or Plain Pasta 	Lentil and Sweet Potato Curry with 50/50 Rice  	Cheese & Tomato Quiche with Chips Or Sweet Potato Mash
Vegetables	Sweetcorn Broccoli	Green Beans Carrots	Cauliflower Florets Red Cabbage	Broccoli Baked Tomatoes	Baked Beans Peas
Dessert	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit

Or a choice of Yoghurt & Fresh Fruit available daily

WEEK THREE

Option 1	Chicken & Red Pepper Wholemeal Pizza 	Turkey & Leek Pie with Gravy 	Roast (as advertised), with Gravy served with Roast Potatoes Or Plain Pasta	Beef Bolognese with Wholemeal Spaghetti  	Breaded Fish with Oven Baked Chips Or Steamed New Potato
Option 2	Cheese & Tomato Wholemeal Pizza 	Lentil & Basil Whirl with Mash Potato and Gravy 	Bean & Lentil Burger with Gravy served with Roast Potatoes Or Plain Pasta 	Soya, Lentil & Vegetable Bolognese with Wholemeal Spaghetti  	Mixed Pepper Frittata with Oven Baked Chips Or Steamed New Potato
Vegetables	Cauliflower Florets Baked Tomatoes	Sweetcorn Broccoli	Green Beans Red Cabbage	Broccoli Carrots	Baked Beans Peas
Dessert	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit	Fresh Fruit or Yoghurt	Yoghurt & Fresh Fruit	Yoghurt & Fresh Fruit

Or a choice of Yoghurt & Fresh Fruit available daily