

Relationships and Sex Education (RSE)

What is changing about the law from September 2020?

- Relationships Education will be compulsory in all English primary and secondary schools.
- Sex Education will be compulsory in all English secondary schools.
- In primary schools, parents will continue to have the right to request that their child is withdrawn from sex education.
- All primary and secondary schools will have to teach Health Education, such as healthy eating, physical activity, internet safety, and about puberty for older children.

Sex Education at Kingsgate Primary school

- At Kingsgate Primary school we teach two lessons of sex education in Year 6.
- We teach how a baby is made, we teach them the correct terms for the reproductive parts of the body, such as penis, vagina and womb.
- We invite parents to a meeting before we teach these lessons. We explain what we teach, and what materials we use.
- We do not show any videos to children.
- Parents can tell us if they do not want their Year 6 child to take part in these lessons.

What will primary schools have to teach from September 2020?

Relationships Education has 5 main topics:

- **Families and people who care for me**
- **Caring Friendships**
- **Respectful Relationships**
- **Online relationships**
- **Being Safe**

Relationships Education at Kingsgate Primary school

- We will continue to teach Relationships Education as part of Personal Social Health Education (PSHE) lessons.

Families and people who care for me

- We will continue to teach that families are important for children as they grow up because they can give love, security and stability
- We will continue to teach that families can look different to their own family. Some families have one parent, some have a mum and a dad, some families have two men or two women, some children live with a foster carer, some live with a grandparent
- We will continue to teach children to respect the differences between families
- We will continue to teach them that other children's families give them love and stability

Caring Friendships

We will continue to teach children

- how important friendships are in making us feel happy and secure, and how people choose and make friends.
- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.

Respectful Relationships

We will continue to teach children

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds).
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.
- what a stereotype is, and how stereotypes can be unfair, negative or destructive.

Online Relationships

We will continue to teach children

- that people sometimes behave differently online, including by pretending to be someone they are not.
- that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.
- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.

Being Safe

We will continue to teach children

- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- how to recognise and report feelings of being unsafe or feeling bad about any adult.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.

Next steps

- To review and update our RSE policy
- To review and update our PSHE curriculum
- To keep parents and carers informed and consult with parents and carers over this process