

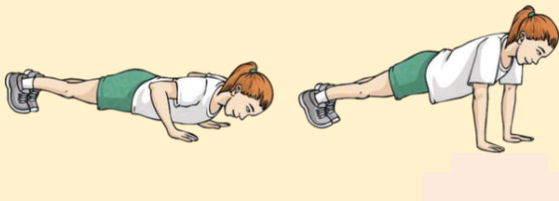



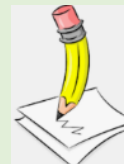
# Year 1 Learning from home

Dear parents/carers,

These activities are designed to keep children busy and enjoying learning, while providing flexibility for parents.

We realise that the family will need to share laptops or mobiles so only plan to do what you can. Everyone's homes are different so the activities we suggest are just a guide to help. We recognise that parents may be working, caring for sick family members or looking after little ones so choosing activities is up to you. We do not expect parents to be teachers and we are not going to be checking up to see how much work has been done!

The activities guide you and your child to be able to learn together or on their own.

18 May – 22 May 2020	Morning		Afternoon
	Every morning Activities	Activity of the Day	Activities
Monday	<ul style="list-style-type: none"> <li>There are 3 activities suggested for the start of every day.</li> <li>The 3 activities are the same every day for this week</li> <li>Practising and repeating daily, helps with routines and helps you to remember learning.</li> </ul>	<ul style="list-style-type: none"> <li>There is 1 daily activity suggested.</li> <li>The daily activity is different every day.</li> </ul>	<ul style="list-style-type: none"> <li>Choose any activities from the suggestions below.</li> </ul>
	<p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>Daily half-hour PE/fitness session with Joe Wicks. Live at 9 am every day but can be watched at any time. <a href="#">Click here</a></li> <li>Or you can do the press-up challenge! Challenge yourself to see how many press-ups you can do. See if you can improve a little every day.</li> </ul> 	<p><b>Monday Activity – Art</b></p> <p>This is a famous painting by an artist called Kandinsky.</p>  <p>Have a go at making your own piece of art like this. You can use felt pens, pencils, crayons or paint.</p>  <p>Try making one with another 2D shape.</p>	<p><a href="#">Oak National Academy</a></p>  <p>Choose <a href="#">English</a>, then find the English lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!</p> 

<b>Tuesday</b>	<b>Activity 1 – Phonics</b> <table><tr><td><a href="#">Click here for phonics lessons</a> </td><td>Time (am)</td></tr><tr><td><b>Set 1 sounds</b></td><td></td></tr><tr><td>Speed sounds</td><td>9.30</td></tr><tr><td>Word reading</td><td>9.45</td></tr><tr><td>Spelling</td><td>10.00</td></tr><tr><td><b>Set 2 sounds</b></td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.00</td></tr><tr><td>Spelling</td><td>10.15</td></tr><tr><td><b>Set 3 sounds</b></td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.30</td></tr><tr><td>Spelling</td><td>10.45</td></tr><tr><td colspan="2"><i>The sessions will run at these times but will be saved on you tube for 24 hours so you can join in at any time</i></td></tr></table>	<a href="#">Click here for phonics lessons</a> 	Time (am)	<b>Set 1 sounds</b>		Speed sounds	9.30	Word reading	9.45	Spelling	10.00	<b>Set 2 sounds</b>		Speed sounds and word reading	10.00	Spelling	10.15	<b>Set 3 sounds</b>		Speed sounds and word reading	10.30	Spelling	10.45	<i>The sessions will run at these times but will be saved on you tube for 24 hours so you can join in at any time</i>		<b>Tuesday Activity – Write a poem</b> <p>Write an acrostic poem with the letters of your name.</p> <div></div>	<div><a href="#">Oak National Academy</a></div> <p>Choose <a href="#">Foundation</a> and find the foundation lesson for the day.</p> <div><a href="#">Bitesize Daily</a></div> <p>BBC iPlayer and the Red Button are hosting daily lessons. You may be able to do these on a device or on a television.</p> <p>You can also do other lessons across lots of subjects <a href="#">here</a></p>
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<b>Wednesday</b>	<ul style="list-style-type: none"><li>Practise reading and writing these sounds.</li><li>Can you use them to write these words?</li></ul> <p><u>hair, flight, tea, lime, flute, shine,</u></p> <div></div> <p><b>Write the words in a sentence.</b></p>	<b>Wednesday Activity – Science</b> <p>Make a poster to show the different parts of a plant</p> <div></div> <p>You can be as creative as you want to be, but make sure you label your plant.</p>	<div><a href="#">LGfL</a> - <a href="#">Click here</a></div> <p>Here you can find lots of resources such as purple mash, espresso, busy things</p> <p><a href="#">This video shows you how to log in.</a></p> <div></div> <p><b>Listen to a story</b> and join in with the games</p> <p><a href="#">Click here to choose a story</a></p> <div></div> <p><b>Story time</b> Watch a range of famous authors read stories</p> <p><a href="#">Click here to choose a story</a></p> <div></div>																								

## Thursday

### Activity 2 - Reading

- Choose a book to read.
- This could be one from home
- Or online on [Oxford Owl](https://www.oxfordowl.co.uk/).



- You can read by yourself or you can read to an adult.

### Activity 3 – Maths



#### [Oak National Academy](https://www.oaknationalacademy.com/)

Choose [Maths](#), then find the maths lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!

Or you can practise counting to 100 and back. Can you find the missing numbers?

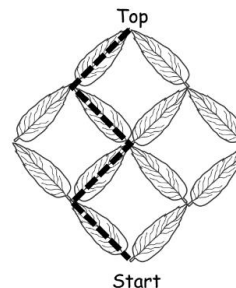
Missing Numbers Chart 1 to 100									
1	2		4	5		7	8	9	
11		13				17	18		20
21	22			25		27		29	30
31		33	34	35		37		39	
41	42		44		46	47	48		50
51				55		57		59	60
61	62				66		68		70
71	72		74	75		77	78	79	
81	82		84	85			88	89	90
91		93	94		96	97		99	100

## Friday

## Thursday Activity – Maths problem

### Jack and the beanstalk

Jack climbed the beanstalk.  
He always went upwards.



He first did it like this: left, right, left, right.

Find five other ways that Jack can climb the beanstalk.

## Friday Activity – Word Aware



Talk about the picture.  
What can you see?  
Where could it be?  
Would you like to go? Why? Why not?  
Who do you think the girl is?  
Does the picture remind you of anything?

**Computing** - Do some coding with the Camden Learning Centre  
[Click here](#)



Complete the activities which have been set on [mathletics](#)



**Speed Sounds and words**  
[Click here for Y1 Speed sounds](#)

[Click here for speedy green word reading](#)



[Click here for Yellow book words](#)



**Geography**  
Login to  
Oddizzi and learn about different places  
[Click here for Oddizzi](#)



## Wellbeing – Keeping our mind and body healthy

[Click here](#) to explore the 'calm zone'. Try some of the breathing exercises, activities, games and videos



[Click here](#) to find out tips to help with being in lockdown and what to do if you are worried.

[Click here](#) for Super Movers – Curriculum linked resources to get moving while you learn.



[Click here](#) to explore the PE Hub. It is full of lots of simple activities and exercise that you can do at home.



[Click here](#) for Cosmic Kids Yoga. Join in with free yoga and mindfulness videos for children.



[Click here](#) to visit the Change 4 Life website and join in with their fun Disney-themed '10 minute shake up' games!



from **change4life** with **Disney**